



# NATIONAL FOLK FESTIVAL

Australia's Home and Heart of Folk for over 50 years

EASTER | 18 - 22 APRIL, 2019

EXHIBITION PARK | CANBERRA

Tea Dance Friday 4:30 to 6:00

With Short Dented Potts

<http://shortdentedpotts.com/>

at Coorong

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## Good Man of Cambridge

Gary Roodman, Additional Calculated Figures, 1992

Music: "Rondo alla Turca, Sonata in A Major, No. 11," by W.A. Mozart

Formation: Longways set for as many as will

A1	1-4	Circle left once around
	5-8	First corners cross Second corners cross
A2	9-12	Circle left once around
	13-16	First corners cross Second corners cross To finish in original places
B1	17-20	First couple lead down, turn individually and lead back to place
	21-24	Second couple lead up, turn individually and lead back to place
	25-32	Second couple cast up and dance half figure of 8 down around original places WHILE First couple move down and follow second couple Finish in line of four facing down with second couple in middle (both men on women's side)
C1	33-36	Line lead down and fall back, turn individually to finish facing up
	36-40	Line lead down and fall back bend line to finish improper
C2	41-44	First couple cross and go bellow WHILE Second couple turn two hand HALF way and lead up Finish proper and in progressed positions
	45-48	First couple gate NEW seconds up back to place to start again

## Cottonwood

by Brooke Friendly & Chris Sackett

Duple Minor Longways

<http://dancevideos.childgrove.org/ece/ece-modern/304-cottonwood>

A1	1-4	1st corners L-hand turn once round
	5-8	Neighbours L-shoulder back to back
A2	1-4	2nd corners L-hand turn once round
	5-8	Partners L-shoulder back to back
B1	1-2	2s, taking two hands with partner, slip up (4 steps);
	2-4	keep hands to set down and up
	5-8	2s slip down; set up and down (letting go of hands to fall back to sides)
B2	1-4	1s, taking two hands with partner, slip down (4 steps); set up and down
	5-6	1s, taking two hands with partner, slip up
	7-8	1s cast into 2nd place (2s move up without taking hands)

## Queen of Sheba

Magot Pie, Marjorie Heffer and William Porter, 1932

Music: Own tune Arrival of the Queen of Sheba by Handel Arrangement: Kathy Potter

Formation: Longways set for four couples. 1st and 3rd couples improper

1-4	Up a double, back a double
5-8	Gypsy partner right shoulder
9-12	Down a double, back a double
13-16	Gypsy partner left
17-20	Right Hand Stars (top 2 couples and bottom 2 couples)
21-24	Mid couples Left Hand star WHILE end couples chase clockwise to other end
25-28	Right Hand Stars (top 2 couples and bottom 2 couples)
29-32	Mid couples Left Hand star WHILE end couples chase clockwise to other end finish with men facing out of the set and women facing their partners' back
33-36	Forward & back a double to man's wall
37-40	Gypsy right with neighbour (along the line) finish with women facing out of the set and men facing their partners' back
41-44	Forward & back a double to ladies' wall
45-48	gypsy left along line (neighbour)
49-50	End couples turn with right hand into arch ALONG THE SET, women in middle
51-54	Mids. chase through clockwise under arches to place
55-56	Top couples quarter turn back to place
57-58	L2 & M3 three quarter right hand turn into arch ACROSS THE SET
59-62	Ends chase clockwise under arches to place
63-64	Mids. quarter turn back to place
65-72	Bomb burst: End couples and middles lead out, and fall back then gypsy that person right
73-80	Star burst: With neighbour on corners, face diag. out of the set. Lead out and fall back then gypsy that person left. Finish in side lines Ends face middles, middles face ends
81-86	Half hey plus one place along the line
87-88	Take two hands with partner and change places
89-95	Half hey plus one place along the line
95-96	Take two hands with partner and change places

# Joy After Sorrow

Playford 1718

Music: Waltz - Own tune Arrangement: Kathy Potter

Formation: Longways set for three couples

Joy after Sorrow. ♩ ♪ ♫ ♬

*Longways for as many as will.*

*Note: Each Strain is to be Play'd twice over.*

First Man go down the Middle below the 3d Wo. first Wo. slips Outside to meet her Partner, and turn single, the first Wo slip up the Middle to the Top, her Partner slip Outside the Men, both turn single. First Cu. Set, go the Hey Sides with the 2d and 3d Cu. First Man take the 2d Wo. by her Left Hand, lead her to the 1d Cu. and turn single, Figure between the first Wo. and 2d Man and turn. First Cu. take Hands with the 2d Wo. and go round till you are Improper in the 2d Cu. Place, cross up the Middle to your Place, fall back one Step, and cast off.

A1	1-2	First couple dance to the bottom of the set, man down the centre and woman down the outside (no cast)
	2-4	First couple turn single right (below the 3rd couple)
	5-6	First couple dance to the top of the set, man up the outside and woman up the centre
	7-8	First couple turn single right
A1	9-10	First and third couple set forward, second couple set back. Finish with first couple facing down and others facing up
	11-16	Mirror Hey with one passing between twos
B1	17-18	First man sets forward to Second women, both face up and take inside hands. WHILE Second man moves up
	19-20	First man and second woman move up and turn as a couple (man moving backward) to finish facing down the set just above top position.
	21	First man and second woman lead to second position (improper)
	22-24	First man and second woman turn single (man left, woman right)
	25-28	First man and second woman half figure of 8 up
	29-32	First man and second woman 2-hand turn once around to finish proper (2waltz steps then 2 single steps)
B2	33-40	First man, Second woman (on his right), First woman (on his left) circle left one and two thirds (Finishing with ones in second place improper) (2waltz steps then 2 single steps then 2waltz steps then 2 single steps)
	41-43	One cross to own side above the twos. End facing Partner
	44	Ones honour partner
	45-48	Once cast to bottom WHILE Three move up
	49-144	Repeat twice from progressed positions

## Sapphire Sea

Christine Robb Longways duple minor, proper

Music: "Tom Kruskal's" written by Emily Troll and Amelia Mason for this dance.

A	1-4	Circle Left
	5-8	1st Corners R. hand turn once around
	9-12	2nd Corners L. hand turn once around
	13-16	1st Cpl. Cast Down, into the middle of Line of Four WHILE 2's Lead up and cast out to end of Line of four All others end facing W2 momentarily before Dolphin Hey begins. These casts are big and flow right into the Dolphin Hey
B	1-8	Dolphin Hey 1's move in tandem (no-one passes between them), beginning with 1W leading & 1M following. and by passing W2 by Right shoulder, M1 cuts in front to take lead, as they loop back to middle. At other end, as they loop back to centre, W1 cuts in front to lead and they end up in the middle of a line of 4, facing up and Proper, i.e. woman on woman's side, man on men's side.  W2's path in Dolphin Hey- she begins facing into center of set, passes 1's by Right Shoulder and then passes M2 by Left Shoulder, loops Left to cross back and passes 1's again then loops Right to place on end of line of 4.  M2's path in Dolphin Hey- he passes W2 by Left shoulder, loops Right to cross passing 1's and then W2, he loops Left into place on Line of 4
	9-16	Lines Lead Up a Dbl. and Back; 2nd Cpl. Gates 1st Cpl. Up and 'round early so that all move to progressed places

## We Meet Again

LW Duple by Jenna Simpson 2013/2015

Tune, Welcome Home My Dearie

<https://www.youtube.com/watch?v=HvBfa5pe3CM>

A1	1-2	1st Corners RH Turn
	3-4	Facing own Partner, 1st Corners advance and retire Ptnrs backing & advancing.
A2	1-2	2nd Corners LH Turn
	3-4	Facing own Partner, 2nd Corners advance and retire Ptnrs backing & advancing.
B1	1-2	1/2 Draw Poussette Clockwise (1st corners push, 2nd corners backing)
	3-4	Partners 2H Turn full, pulling Right Shoulder back on last beat to face out (ending progressed & improper)
B2	1	All dance away from the set
	2	All loop left to face back in
	3	All dance back to sidelines
	4	All LH Turn Partner Halfway to own side, ending proper & progressed

NFF Tea Dance with Short Dented Potts

David Potter

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<http://shortdentedpotts.com/>

## Distant Hens

A dance for three couples in waltz time by Kathy Potter

**Music:** 4 bar introduction plus 3 x 24 bars. Written specifically for an arrangement of Far Away by Peter Jung and Les Poules Houpees (The Crested Hen) by Gilles Chabinet

**Formation:** Longways set of three couples, middle couple improper. The middle couple is designated as the active couple.

### (4 Bar musical introduction)

### Dance (24 bars)

Begin with couples in a longways set facing partners (middle couple improper)

**Note:** The dance is repeated three times. Each time the dance is repeated, the couple that begins in the middle position is the active couple.

- **Advance** (Beginning on the left foot\*) everyone advance two waltz steps towards partner. (2 bars)
- **Half gypsy** Everyone half gypsy\* partner by the right shoulder to change places (finishing close together, facing each other in the middle of the set). (2 bars)
- **Retire** Everyone take two small waltz steps backwards (2 bars)
- **Cross back to place** Everyone take two long travelling waltz steps to cross the set, passing their partner by the right shoulder, and returning to place. Finish facing partner. (2 bars)
- **Actives advance and form circles** Active Couple have two waltz steps to advance towards each other, meet right shoulder to right shoulder in the middle of the set, and then turn away from each other to form small circles with the end couples, lady joining hands with the top couple, man joining hands with the bottom couple (**lady up, man down** optional instruction if necessary). (2 bars)
- **Circle right, one place** Everyone takes two waltz steps to circle right one place, and then **Drop hands**. (2 bars)

(At this point Lady 1 and Lady 2 are in the top couple's position, Man 2 and Man 3 are in the bottom couple's position, Man 1 and Lady 3 are in the middle of the set with Lady 3 facing down and Man 1 facing up. The set now has two people in the middle with their backs together, and four people in corner positions around them.)

- **Ends chase, middles turn** The four people now in corner positions take two waltz steps to move anticlockwise one corner position around the set, while the two people in the middle of the set remain with backs together and take two waltz steps to swap places turning in a clockwise direction (for middle people, backs should be reasonably aligned but not touching). (2 bars)
- **Turn single into lines** The four people in corner positions pull right should back to turn single, remaining in their current corner position. Meanwhile, the two people in the middle of the set continue their clockwise turn 90 degrees to face the side lines of the set and turn single into the middle position on the side line. All finish facing across the set. (2 bars)
- **Bottom man cross to middle** The active man changes places diagonally across the set with the man in the middle position, passing **right shoulder**. (2 bars)
- **Active man cross to top** The active man changes places diagonally across the set with the man in top position, passing **left shoulder**. Everyone finish facing original partner across the set in progressed position. (2 bars)
- **Two hand turn half way** Couples take both hands and turn clockwise to swap places. (2 bars)
- **Turn single** Everyone turn single. (2 bars)

Repeat dance two more times. Couples should finish in original position (48 bars)

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## A Lean Tango

by Bob Green

Formation: duple improper

<http://dancevideos.childgrove.org/ece/ece-modern/459-a-lean-tango>

A1	1-4	Mad robin ACROSS the set. Face your neighbour. and stay facing them throughout this movement. Swap places with your partner with men passing on the inside and ladies on the outside. Swap back to place with ladies on the inside and men on the outside.
	5-8	Fall back and advance on the side (optional – turn single coming forward)
A2	1-8	Tango pousette – men start moving forward Take partner in ball room hold and full pousette ending in original positions
B1	1-4	Gypsy star– men start moving backward <ul style="list-style-type: none"><li>• Take two hands with your partner then join nearer hands with the other couple to form a star.</li><li>• Men take left hand, ladies take right hand to form a star. Then with your free hand take your partners hand.</li></ul>
	5-8	Reverse the star
B2	1-2	1s cast while 2s butterfly lead up <ul style="list-style-type: none"><li>• Lead up by joining inside hands and swing them forward to go slit back to back then swing arms back to go slit front to front</li></ul>
	3-4	All cloverleaf turn single
	5-8	Back to back with your partner

## Mendocino Redwood

by Mary Devlin. Bob Fraley, Elizabeth Zekley

longways duple

Tune: "Woodlands Walk" by Jonathan Jensen

<http://dancevideos.childgrove.org/ece/ece-modern/303-mendocino-redwood>

A1	1-4	Up a double and back
	5-8	Twos 1/2 figure 8 up through the ones
A2	1-4	Down a double and back
	5-8	Ones 1/2 figure 8 down through the twos
B1	1-4	Right hand star
	5-8	Left hand star
B2	1-2	1st corner people (in 2 <sup>nd</sup> corner positions) change L shoulder (1st man, 2nd woman)
	3-4	2nd corners people change R shoulder (1st woman, 2nd man)
	5-8	Partners 2-hand turn once round & end facing up

# Plus one or more of our display dances

## Carolina Promenade

Circle Mixer - couples side by side facing same direction, Women on Man's Right

Forward a double, flip, continue dancing backwards a double
Forward a double, flip, continue dancing backwards a double
Partners balance in, out, and over (man passes lady across to his left.)
Partners balance in, out, and under (lady dances under man's arm to meet a new partner behind him, man moves to his left to place new lady on his right)

## Karla's Waltz

Longways Duple Minor proper by Peggy Hazell

Tune: La Partida (Venezuelan Waltz)

A1	Set of 4 Balance Circle In and out
	Set of 4 Balance Circle In and out
	Circle Left
A2	Balance Circle in and out
	Balance Circle In and out
	Circle Right
B	Lines Fall Back without hands, zig-zag right, left, right left
	Cross, i.e. come straight forward, pass Partner by Right Shoulder
	Partners 2 Hand turn 1 and a 1/2, finishing in Proper position, i.e. Men on men's side, Women on women's side
	1's Cast down (rolling over uppermost shoulder, 2's Lead Up

## Alice

Longways, Duple Minor.

Waltz Time (3/4)

Philippe Callens – 2002

[https://www.youtube.com/watch?v=Is3DsgzZ\\_Q0](https://www.youtube.com/watch?v=Is3DsgzZ_Q0)

A1	1-2	1st Corners set (gliding right and left).
	3-4	Right Hand Turn Halfway to change places
A2	1-2	2nd Corners set (gliding right and left).
	3-4	Right Hand Turn Halfway to change places.
B1	1-2	Lines fall back (without hands).
	3-4	Lines dance forward, crossing the set, passing partner by Right Shoulder then turning slightly over Right Shoulder.
	5-8	Walk the Circle to progressed and proper place
	9-12	Partners two hand turn all the way

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## Princess of Wales, Her Waltz

by Robert Jamison 2008

LW , dm , proper, 3/4

Measures (One measure = 3 steps)

A	1-2	Men set in place to partners
	3-4	Men turn single but in front advancing toward partner and back.
	5-8	Women do the same
B	1-2	1 <sup>st</sup> corners change
	3-4	2 <sup>nd</sup> corners change {Start with left foot.}
	5	Advancing toward partner, step on left and touch with right
	6	Advancing toward partner, step on right and touch with left
	7	Advancing toward partner, step on left and touch with right. End facing partner, slightly off set, with partner slightly to right
	8	Partners whirl around (R sh Hole-in-the-Wall half-gypsy), 1s take hands in the centre, 2s back up to sides
C	1-4	1s lead up and cast {Note: The held hands for this lead are the only touching in the dance.}
	5-8	Four changes of circular hey, no hands (fast)

## The Gay Gaddabout

Pat Shaw

Longways set for three couples

<https://www.youtube.com/watch?v=VsRkIB4iKXE>

A1	1 – 4	Joining right hands, 1st couple lead down the middle below 2nd and 3rd couples, <b>while</b> 2nd and 3rd couples fall back and move forward again.
	5 – 8	With a pull of the right hand, 1st couple cross over with partner and skip back outside the set into partner's place, <b>while</b> 2nd and 3rd couples Circle Left once round with a slipping step.
A2	1 – 8	1st couple facing partner, 2nd couple facing down, 3rd couple facing up, all dance a Circular Hey (i.e. without hands) or a Grand Chain (i.e. giving hands in passing), all the way round with a skipping or skip change of step.
B	1 – 4	1st couple move down the middle and dance a Half Figure 8 through 3rd couple, finishing proper in 2nd place, 2nd couple moving up on bars 3 and 4.
	5 – 8	All Right Hand Star, 1st man with 3rd couple, 1st lady with 2nd couple.
	9 – 12	All Left Hand Star, 1st man with 2nd couple, 1st lady with 3rd couple, finishing with 1st couple in the middle place, all proper. (1st couple should pass left shoulder with partner to change from one star into the other.)
	13 – 16	All Set Right and Left forward towards partner, then 1st couple move down into the bottom place and turn outwards, (man right, lady left) while 3rd couple cast up into the middle place and 2nd couple Turn Single, man to the left, lady to the right, in the top place.

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## Juniata

Sharon Green, 2011

Music: Drifting on the Dreamy Juniata by Jonathan Jensen 2011

Formation: Duple minor longways

<b>A1</b>	1-2	First Man, set Right & Left to both women.
	3-4	First man and women 3 circle left until first Man is in second Woman's place (about $\frac{3}{4}$ ) Man releases partner's hand
	5-8	First Man, lead the women around second Man, ending in second Woman's place
<b>A2</b>	9-16	Second Man repeat. Finish progressed and improper
<b>B1</b>	17-18	Facing partner, all balance back (2 single steps)
	19-20	All turn single moving forward
	21-24	All back to back partner
<b>B2</b>	25-28	All half poussetted with partners clockwise – First man push (English poussette Out for two and back for two)
	29-32	All half draw poussetted with partners clockwise (All are now progressed and proper)
<b>C1</b>	33-38	Partners, gypsy R-shoulder once round

## Turn of the Tide

Formation: duple improper

Ron Coxall, Roles: Occupations and Interests Recalled by Dances, 1999.

The tune is “Moonlight Moorings” by Heather Bexon.

<https://www.youtube.com/watch?v=I50Ep7-Vu5c>

<b>A</b>	1-4	Circle L halfway. All turn ptr 2 hands halfway
	5-8	Top couple (2s) lead down through the bottom couple and cast back
<b>A</b>	1-8	Repeat with top couple (1s) leading down
<b>B</b>	1-4	1s lead down, change hands and fall back down the set. While 2s face up walk up outside of set turn and walk backwards up set
	5-8	Repeat coming up the set for 1s and down for 2s
	9-16	Turning poussetted
	(9-10)	Join 2 hands with ptr; Men dance fwd, W back
	(11)	M steps L while W turns $\frac{1}{4}$ R on the spot to stay facing him up and down the set
	(12)	W steps L while M turns $\frac{1}{4}$ R on the spot to face W across the room
	(13-14)	M dance fwd, W back
	(15-16)	Turn ptr 2 hands halfway, open into a circle with the next couple.

## Apley House

longways duple minor, Playford, 1703, music traditional

<https://www.youtube.com/watch?v=9nQcN03fvrA>

A	1-4	First and second men take hands, fall back a double and, releasing hands, move forward a double to places, turning single as they do so.
	5-8	Women repeat
B	1-2	R hands star half-way
	3-4	turn single (women L, men R).
	5-8	2s cast down followed by 1s, into a line of 4 facing up. (1s on end of line
C	1-4	Lines dance up a double and fall back (bending the line), finishing with all improper. .
	5-8	1 <sup>st</sup> cross and cast while 2 man passes 2 lady across and moves to place